

## Toulouse Mentoring Programme

Since 2017, we propose to a group of PhD students (with a preference for female students) from the SEVAB, BSB and GEET PhD schools, ideally in their first year of doctoral training, to participate in the mentoring programme, as part of the PhD programme of the Centre for Integrative Biology (CBI, Toulouse). This programme, led by Julie Batut (CNRS Researcher - CBI PhD Programme - Member of Femmes & Sciences) aims to **support doctoral students and encourage them to build their career plans by reflecting on the possibilities and choices open to them with the help of experienced and trusted mentors**. This scheme enables a pair of mentor/doctoral volunteers with no hierarchical link to become part of a **process of mutual enrichment** and to share their knowledge, experience, support and encouragement



The proposed 27-hour module aims to contribute to the success of the doctoral student's project by offering them

1. regular individual exchanges with their mentor
2. thematic discussion circles and group training workshops to answer their needs and questions, such as preparing their thesis committee, presenting their research project, looking for a post-doc, applying for a L'OREAL grant...
3. Seminars and testimonials to present, among other things, various jobs and careers related to scientific research in the academic and private sectors.

If you are interested in becoming a Mentee or Mentor, please contact *Julie Batut* and fill in the form: <https://forms.gle/bjjW9TfiCSNeGLZw8>  
[julie.batut@univ-tlse3.fr](mailto:julie.batut@univ-tlse3.fr)

## Mentoring Draft Programme 2021-2022

@12h30 IBCG conference room (CBI – UPS Toulouse 3) and/or zoom meeting

1. **Thursday 18 November:** Presentation of the Mentoring Programme  
**Julie Batut** (Programme Coordinator) & former Mentees and Mentors
2. **Thursday 16 December 13h-17h:** Speed Mentor & Mentor-Mentee Relationship  
**Julie Foncy** (Research Engineer LAAS-CNRS, Collective Intelligence Trainer)

### YEAR 2022: 12:30 IBCG Conf Room - @ Zoom

3. **Thursday 13 January 9am-5pm:** Workshop on the Mentor.e-Mentee relationship  
**Julie Foncy** (Research Engineer LAAS-CNRS, Collective Intelligence Trainer)
4. **Thursday 17 February:** Testimonies to be confirmed **Inès MASSIOT** (LAAS-CNRS)  
<https://www.linkedin.com/in/in%C3%A8s-massiot-4a42a945/?originalSubdomain=fr>,  
**Christine DUTHOIT** (In vivo Engineering- Flash Therapeutics)  
<https://www.flashtherapeutics.com/about-flashtx/governance/>  
<https://www.linkedin.com/in/christineduthoit/?originalSubdomain=fr>
5. **Thursday 10 March:** Round Table "Research jobs" Link with science or Round Table on grants.  
Ask mentees for "round table idea".
6. **Thursday 14 April:** Testimonies to be confirmed **Linda NICOLINI** (President of Nix Medical),  
**Isabelle SAVES** (Head of International Cooperation IPBS, CBI-Toulouse) & **Morgane GIBERT**  
(Researcher, anthropobiologist, GATC, <https://cagt.cnrs.fr/gibert-morgane/>)
7. **Thursday 12 May:** Round Table "Self-confidence, work-life balance"
8. **Thursday 16 June:** Round Table "After thesis? post-doc and/or alternatives". What are my talents? What do I like? What are my values?
9. **Thursday 7 July:** Feedback & Mentoring Evening "CBI - Eurekafé? Starting at 7pm"

Contact: Coordinator Toulouse Mentoring Programme CBI PhD Programme – Femmes & Sciences: [julie.batut@univ-tlse3.fr](mailto:julie.batut@univ-tlse3.fr)